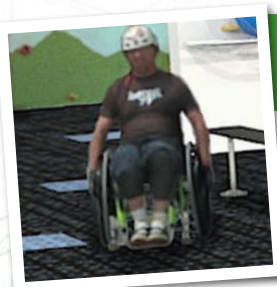


CREATING A BRIGHTER FUTURE FOR PEOPLE WITH CEREBRAL PALSY



Getting wheelchairs right!

Wheelchairs have to be customised and regularly check and adjusted. A fitting can take two whole days! But they're vital for mobility and this space will make it easier to get it right.



Accessible toilets

Wheelchair accessible facilities will make using the bathroom a whole lot easier.



Realising potential

This lovely light room can be used for the therapy sessions that Jesse finds so valuable for his development.

The ability to move

Physiotherapy needs open spaces where therapists can work on their client's physical development needs, helping them move around, crawl, walk, roll over and change from one position to another.

Learning life skills

Occupational therapy rooms are where children learn life skills, like feeding themselves, dressing or getting ready for school.

Accessible dental services

Many people with cerebral palsy can't attend a regular dentist and muscle spasm can make it extremely difficult. This room will provide an accessible surgery for our volunteer dentists.

Overcoming isolation

Parents and carers will be able to connect in comfort, to provide support for each other and exchange information.

Communicating with technology

Technology is vital for many people with cerebral palsy to communication with the world. It is essential that we have computers and other technical equipment to test and trial.



Build skills and strength

The Sportzfitz gym will be a fantastic place to exercise to develop skills and body strength.

Space for sport

Space for sports like netball, basketball and soccer, and a nice open space for learning to drive new powered wheelchairs.

Freedom to play

Big open areas like this mean that children can play, even if they're in wheelchairs.

Why We Must Rebuild

If the fire wasn't a big enough challenge to deal with, there is the remaining site at Allambie Heights which can be described as sub-standard at best. While the services we offer are state-of-the-art, the actual building is far from it.

Critical problems are now impacting on client services. It is no longer practical to stay in a building where fundamental problems will only continue to increase and compromise our ability to effectively help our clients.



Our Future



What Your Support Will Help Achieve

For people who rely on our services, the building will be far more than just 'bricks and mortar'. To them, it's about the life changing therapy which occurs within the building. Below explains some of the rooms and areas required in the new building, and the difference they will make.

Physiotherapy rooms

An open plan design is critical for activities such as teaching a child to walk. In these rooms, our physiotherapists will work with children to help them with their physical development. This starts from when they are babies, helping them move around, crawl, sit up and change from one position to another.

Occupational therapy rooms

Inside an occupational therapy room, therapists focus on helping children with day-to-day activities, ensuring they develop the skills to do things like bathe, dress, eat a meal or get ready for school. They work on developing a child's physical skills so they can successfully use equipment such as toilet chairs, wheelchairs, computers, powered chairs, or communicate via facial expressions or sounds such as tongue clicks.

Technology room

This area will contain several computers which are essentially used to provide children with socialising opportunities and skills to access education. Some of our clients will never be able to write so computers play a large part in accessing both education and employment, not to mention keeping in touch with the world.

Speech therapy rooms

Smaller rooms are needed to conduct speech therapy which focuses on development of speech and other communication skills to help children communicate with their family, friends, teachers and the community. By working and strengthening the muscles to help improve communication skills our therapists can also help children and their parents to overcome physical difficulties with eating and drinking that can be caused by cerebral palsy.

Family consultation room

Having a child with cerebral palsy can create huge challenges for families when the child is first diagnosed, and as the child grows up. It's important to have a comfortable room to provide support and help build resilience within the family unit.

Dental clinic

This clinic is very important for clients with cerebral palsy as in some cases they may not be able to attend a regular dentist due to accessibility issues and a non-specialist dentist being unable to treat them. Dental treatment becomes even more important for people with cerebral palsy due to physical difficulties such as muscle spasms, swallowing difficulties and teeth grinding. Having a modern dental clinic custom built for our volunteer dentists will ensure our clients have access to a high level of dental care.

Parent lounge

Being able to develop meaningful connections with other parents facing similar challenges can be a vital source of strength and encouragement for families raising a child with cerebral palsy. A parent lounge that is welcoming and comfortable will enhance opportunities to form friendships and connections with other families.

Wheelchair fitting and assessment

A wheelchair provides independence and allows many of our clients to enjoy a more fulfilling life. The chairs need to be customised, as sitting in the right position is important for the health and wellbeing of someone with cerebral palsy. The fitting process can take up to two whole days, so having the right space to do it in is very important.

SportFitz gym with modified equipment

Exercise is crucial for a person living with cerebral palsy and research shows that physical activity plays a big role in maintaining independence, reducing hospital admissions and increasing a healthy lifespan. Our new gym will be fitted with the latest equipment that will cater for the specific needs of a child or adult with cerebral palsy.

Children's playground

Children will now have an area that promotes social and therapeutic play activities designed to enhance their gross motor, fine motor and communication skills - all of which are vital for full participation at school and in the community.

A place to learn, play, meet and thrive



Formerly known as The Spastic Centre